

571 Cox Road  
Gastonia, NC 28054  
704-867-5702

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**Pre-Operative and Home Care Instructions for Endodontic Surgery**

***What you need to know before the procedure***

- \* Please arrive promptly at the time we have reserved for you. The surgery will likely take a total of 1-2 hours. \* Wear comfortable clothing.
- \* Eat a light breakfast or lunch prior to the procedure.
- \* Avoid alcohol and medications that cause drowsiness unless approved by the doctor.
- \* Take daily medications as usual unless instructed otherwise by the doctor.
- \* You may get your prescriptions filled prior to the day of surgery so you may go directly home following the procedure.

***When you arrive for the procedure***

- \* Visit the restroom prior to checking in with the receptionist.
- \* You will be escorted to an operatory suite, where you will be taking any prescribed oral sedative to assist relaxation before the procedure. You may read while you wait. Your procedure will begin in 30-45 minutes.
- \* The doctor will administer local anesthetic to numb the area of the tooth to be treated.

***During the procedure***

- \* The procedure will likely take approximately 1-2 hours.
- \* If you were given medication to relax you prior to surgery, you will be able to hear and respond. You will be awake but drowsy.

***After the surgery***

- \* Go directly home and continue any medications the doctor has suggested or prescribed. Rest and do not drive or operate machinery.
- \* Apply an ice bag, ten minutes on, twenty minutes off, during the remainder of the day.
- \* Do not be alarmed if swelling occurs. Any swelling or bruising will occur the first 48 hours and may last up to one week.
- \* If medication is prescribed, follow instructions. Remember to take any pain medication with food.
- \* Stay on a soft diet on the day of surgery, nothing hot or spicy: lukewarm or cool foods are best.
- \* Avoid foods with husks, skins, or small seeds for 2-3 weeks.
- \* Do not lift your lip to examine stitches. This may cause them to tear or start bleeding.
- \* The next day, brush in the normal manner, but be particularly careful near the operated area. Rinse your mouth with peridex (the prescribed mouthwash) as directed by the prescription.
- \* You will be required to have a follow up appointment a few days after the surgery to evaluate how the surgical site is healing. There is no charge for the follow up appointment.
- \* Please refrain from smoking for as long as possible after your surgery.
- \* If you run a temperature, call our office.

If you have any questions after reviewing these instructions, please contact our office during regular business hours. If an emergency arises, call Dr. Fiscus' after-hours emergency number at anytime,

704-657-6365